

## Cockpit Drill

## SHEET ONE



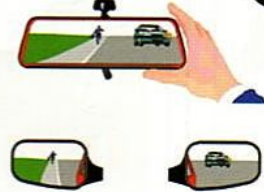
Get in and close the door.



Are all the doors closed?



Adjust seat: Can you reach and use the controls easily and comfortably?  
**HEAD RESTRAINT!**



Adjust the mirrors.



Seatbelt on.



Enough fuel?

## Foot Controls

Accelerator



Pivot your right foot between gas and brake.

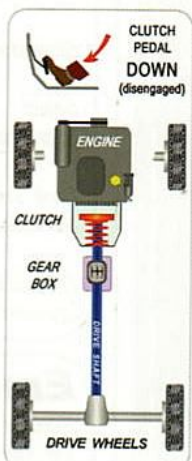
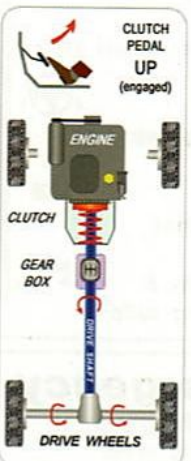
Footbrake



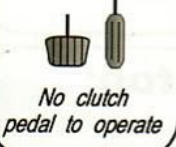
Clutch



Only operate with your left foot



Automatic transmission



No clutch pedal to operate

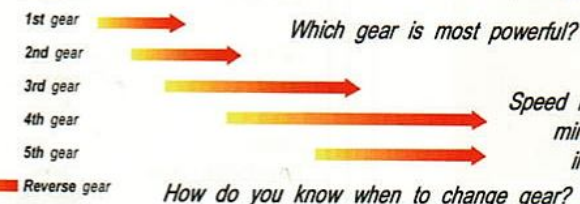
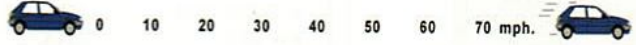
## Parking Brake



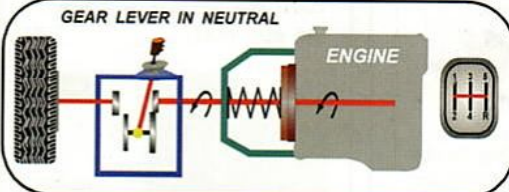
To release: pull the lever up slightly and then push in the button before lowering the lever. Avoid wearing the ratchet!

Only use when the vehicle has stopped. To apply: Push in the button and pull up, release the button.

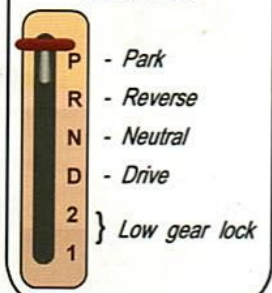
In some vehicles the parking brake is operated by an additional foot pedal.



## Gears



Automatic transmission



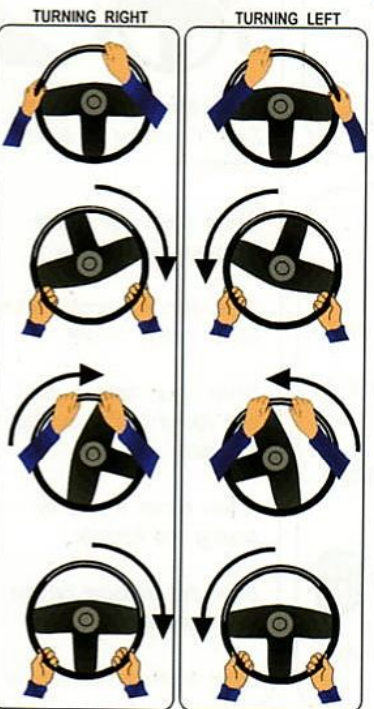
## Steering



Hold the wheel at 'ten to two' or 'quarter to three' position.

Use the 'Pull-Push' method.

Never take both hands from the wheel when the car is moving.



## Mirrors

Exterior: Curved glass



Interior: Flat glass



Use well before any manoeuvre (any change of speed or direction).

Use the mirrors-signal-manoeuve (MSM) routine.

MSM means checking your mirrors well before signalling and doing both in good time before making your move. Check mirrors before:

Signalling - Moving off - Changing direction to overtake, turn left or right or change lane - Slowing down or stopping - Opening your car door.

